

# Parents as Teachers of Marietta/Cobb County Bilingual Parent Resource Guide

March 2017



**Greetings! This resource guide is meant to provide you with more tools as a parent and as your child's first and BEST teacher! Taking a few minutes out of each day to interact with your children in creative ways will benefit each of you immensely. Feel free to share with friends or reach out with any questions to [karias@cismcc.org](mailto:karias@cismcc.org) or 678-503-0901.**

**¡Hola! Esta guía de recursos servirá para darles más herramientas como el primero y mejor maestro de sus hijos. El acto de interactuar unos minutos con sus hijos lleva muchos beneficios para toda la familia. Comparte con sus amigos o envíame preguntas a [karias@cismcc.org](mailto:karias@cismcc.org) o llama al 678-503-0901.**



**BEDTIME MATH:** Bedtime Math delivers quick, engaging math story problems every day for kids aged three to nine to enjoy with their parents. The playful opening story is followed by three levels of increasing challenges (Wee Ones, Little Kids, Big Kids). A recent University of Chicago study found that children who did Bedtime Math improved their math achievement on average by three months more than children who didn't use it.

- Descargar el APP por iPhone y Android: <http://bedtimemath.org/>
- "Bedtime Math entrega a diario ejercicios matemáticos de una manera rápida y divertida para niños que pueden disfrutar con sus padres. La historia sigue tres niveles de dificultad creciente (Wee Ones, Little Kids, Big Kids). Un estudio reciente de la Universidad de Chicago encontró que los niños que hicieron Bedtime Math mejoraron su rendimiento en matemáticas en un promedio de tres meses más que los niños que no lo usaron."

**Cobb County Extension Service:** A resource guide for families in Cobb County  
[http://ugaextension.org/content/dam/extension-county-offices/cobb-county/2016-%202017%20Cobb%20Cares%20Directory%20with%20COMPLETED%20\\_Autosaved\\_.pdf](http://ugaextension.org/content/dam/extension-county-offices/cobb-county/2016-%202017%20Cobb%20Cares%20Directory%20with%20COMPLETED%20_Autosaved_.pdf)

**Early Childhood Digests** from the Global Family Research Project: These one-page digests focus on ways that families and schools can work together to help young children learn and grow. They are targeted for parents and practitioners alike. <https://globalfrp.org/>

<http://www.hfrp.org/publications-resources/publications-series/early-childhood-digests>

The articles below are available in Spanish and English.

- <http://www.hfrp.org/publications-resources/publications-series/early-childhood-digests/latino-families-getting-involved-in-your-children-s-education>
- <http://www.hfrp.org/publications-resources/publications-series/early-childhood-digests/how-busy-parents-can-help-their-children-learn-and-develop>
- <http://www.hfrp.org/publications-resources/publications-series/early-childhood-digests/helping-parents-communicate-better-with-schools>

**Get Georgia Reading:** Ready for K texts available in Spanish and English

<http://get-georgia-reading.approvenmyviews.com/ready4kga/>

**RECEIVE READY4K GA TEXTS WITH TIPS, FACTS AND RESOURCES TAILORED TO...**

**3 YEAR OLDS** TEXT "R4K GA3E" TO 70138 FOR SPANISH-TAILORED TEXTS

**4 YEAR OLDS** TEXT "R4K GA4E" TO 70138 FOR SPANISH-TAILORED TEXTS

**5 YEAR OLDS** TEXT "R4K GA5E" TO 70138 FOR SPANISH-TAILORED TEXTS

The free texts are made possible by a partnership between the Georgia Department of Education and ParentPowered Public Benefit Corporation. While there is no cost for enrolling in Ready4K GA, data and message rates may apply. When parents sign up, they agree to enroll in the program, the ParentPowered PBC Terms of Use and Privacy Policy, and to receive approximately three Ready4K GA texts per week from 70138. Parents can cancel receipt of Ready4K GA texts any time by texting STOP to 70138. For help with Ready4K GA, text HELP to 70138 or send an email.

**READY4K GA TEXTS WITH TIPS, FACTS AND LINKS TAILORED TO...**

**3 YEAR OLDS** TEXT "R4K GA3" TO 70138

**4 YEAR OLDS** TEXT "R4K GA4" TO 70138

**5 YEAR OLDS** TEXT "R4K GA5" TO 70138

The free texts are made possible by a partnership between the Georgia Department of Education and ParentPowered Public Benefit Corporation. While there is no cost for enrolling in Ready4K GA, data and message rates may apply. When parents sign up, they agree to enroll in the program, the ParentPowered PBC Terms of Use and Privacy Policy, and to receive approximately three Ready4K GA texts per week from 70138. Parents can cancel receipt of Ready4K GA texts any time by texting STOP to 70138. For help with Ready4K GA, text HELP to 70138 or send an email.

**Mano en Mano/ Hand in Hand:** "It starts at home" resource page: <http://www.manomaine.org/comienza-en-casa-resources>

**Mind in the Making:** "Taking on Challenges is an essential Life Skill that children need to take on the stresses and challenges of life, instead of avoiding them or simply coping with them. Learning to proactively take on challenges, no matter how big or little they may seem, helps children do better in school and in life." Resources in English and Spanish: <http://www.mindinthemaking.org/resources-for-taking-on-challenges/>

**National Summer Learning Association:** Why summers matter:

<http://www.summerlearning.org/summer-learning-day/summer-learning-day-resources-families/>

- 10 consejos fáciles sobre el aprendizaje del verano: <http://www.summerlearning.org/wp-content/uploads/2016/06/NSLA-Tips-Sheet-Spanish.pdf>

**Podemos/We Can:** From the National Institutes of Health

<https://www.nhlbi.nih.gov/health/educational/wecan/index.htm>

- Consejos para padres para una vida saludable y activa: <https://www.nhlbi.nih.gov/health/educational/wecan/espanol/>

**Read Right from the Start:** <https://www.readrightfromthestart.org/techniques-parents-can-use-at-home/>

- Libro en Español: <https://13059-presscdn-0-55-pagely.netdna-ssl.com/wp-content/uploads/2014/07/Amiri-Beltway-Spanish-3.pdf>

**Reading is Fundamental:** RIF is committed to a literate America by inspiring a passion for reading among all children, providing quality content and resources to make an impact, and engaging communities in the solution to give every child the fundamentals for success.

- Spanish Book lists: <http://www.rif.org/literacy-resources/booklists/by-topic/hispanic/>
- Water Wonders book in Spanish in PDF (Free download): <http://www.rif.org/pdf/WaterWondersFinal-sp.pdf>
- Nuestro Libro free book: <http://www.rif.org/literacy-resources/apps/nuestro-libro/>
- Games: <http://www.rif.org/literacy-resources/fingerplays/>
- Activity Calendars: <http://www.rif.org/literacy-resources/calendars/>

**School Readiness Resource Guide:**

[http://gradelevelreading.net/wp-content/uploads/2016/02/School\\_Readiness\\_r34.pdf](http://gradelevelreading.net/wp-content/uploads/2016/02/School_Readiness_r34.pdf)

**Start with a Book:** articles available in English and Spanish. <http://www.startwithabook.org/literacy-resources>

- Summer Adventure Tracker: [http://www.startwithabook.org/content/pdfs/SWAB\\_adventuretracker\\_2014.pdf](http://www.startwithabook.org/content/pdfs/SWAB_adventuretracker_2014.pdf)
- Reading tips in 11 languages: <http://www.readingrockets.org/article/reading-tips-parents-11-languages>

**Talk With Me Baby:** <http://www.talkwithmebaby.org/>

- En español: [http://www.talkwithmebaby.org/en\\_espanol](http://www.talkwithmebaby.org/en_espanol)

**Too Small to Fail:** “Too Small to Fail, a joint initiative of the Clinton Foundation and The Opportunity Institute, is leading a public awareness and action campaign to promote the importance of early brain and language development and to empower parents with tools to talk, read, and sing with their young children from birth”

- Recursos en Español. <http://toosmall.org/en-espanol>

**Additional Parent-Child Interaction Applications:**

[http://www.hfrp.org/var/hfrp/storage/fckeditor/File/Holidays%20Are%20Here\\_App%20Resource%20Guide\\_Harvard%20Family%20Research%20Project%20December%202014.pdf](http://www.hfrp.org/var/hfrp/storage/fckeditor/File/Holidays%20Are%20Here_App%20Resource%20Guide_Harvard%20Family%20Research%20Project%20December%202014.pdf)

- Let's Play from Zero to Three (English only)
- Vroom Daily (English only)
- Summer Reading Tips on the go with <http://www.startwithabook.org/sms>. Texts available in English and Spanish. Sign up begins in May.
- Talk with Me Baby